DAYTIME PROGRAMME

09:00 - 09:30	Arrival and registration with refreshments available at the Foyer Level		Live performance by Baybeat Street Band Handywomen Live Demonstrations	
09:35 - 09:40	**Welcome from Siobhan Collingwood** Level 1: Main Delegate Hall			
09:35 - 09: 40	**Opening remarks from Clive Grunshaw, Lancashire's Police and Crime Commissioner** Level 1: Main Delegate Hall			
09:40 - 10:00	**Keynote delivered by Siobhan Collingwood: Hear My Voice** Level 1: Main Delegate Hall			
10:00 - 11:00	**WORKSHOP HEALTH THEME** **What Do Women Want? Building a Health and Care System that Works for Women.** Andy Knox MBE & Siobhan Collingwood. Located at: Breakout 1	**WORKSHOP WEALTH THEME** **Leading the Way: Women, Allies and Workplace Equality.** Coral Horn, Lee Chambers, Hayley Dickinson, Gill Gardner & Rosie Whittaker Located at: Main Delegate Hall	**WORKSHOP SAFETY THEME** **Fawziyah's Legacy: Turning Tragedy into Action Against Honour-Based Abuse.** Yasmin Javed & Suzanne Murray Located at: Breakout 2	**WORKSHOP HEALTH THEME** **Let's Talk: Mental Health & Neurodiversity** Debbie Haworth, Sharon Isherwood & Julie Stewart Located at: Gallery

11:00 - 11:30	Morning Break & Networking		Live performance by Niamh Collingwood Handywomen Live Demonstrations	
11:30 - 12:30	**WORKSHOP HEALTH THEME** **Isolation, Health and Women Over 50.** Teri Stephenson Located at: Gallery	**WORKSHOP WEALTH THEME** **Understanding Economic Need Among Women in Lancashire: The Impact of the Cost of Living Crisis.** Tracy Hopkins Located at: Breakout 1	**WORKSHOP SAFETY THEME** **Can Women Ever Feel Safe? Exploring the Causes of Safety, Fear and Freedom.** Anna Hopkins Located at: Breakout 2	**WORKSHOP WEALTH THEME** **Supporting Women at Work: What Needs to Change?** Simon Brierley, Kerry Scruton, Micky Marsden & Reta Rose Located at: Main Delegate Hall
12:30 - 13:00	**Keynote delivered by Joeli Brearley: The Truth About the Motherhood Penalty and How to Fix it** Level 1: Main Delegate Hall			
13:00 - 14:00	Lunch held at the Foyer Level		Live performance by Abhinandana Dance Academy Handywomen Live Demonstrations	
14:00 - 14:30	**Keynote delivered by Harriet Johnson: Violence, Safety and Justice for Women** Level 1: Main Delegate Hall			

14:30 - 15:30	**WORKSHOP HEALTH THEME** **Hormones & the Female Brain** Dr Helen Wall **Health, Hormones and Ageing Well: What Every Woman Needs to Know** Dr Ewa Craven Located at: Main Delegate Hall	**WORKSHOP WEALTH THEME** **Using Women's Voices to Shape the Economy** Erin Mansell & Emma Thackray Located at: Breakout 1	**WORKSHOP SAFETY THEME** **EmilyTest: A Gender-Based Violence Charter for Colleges and Universities** Fiona Drouet MBE Located at: Breakout 2	**WORKSHOP SAFETY THEME** **Breaking Cycles of Harm: The Contribution of the Female Justice Partnership to the Prevention of Violence Against Women & Girls** Sarah Norcross, Anna Javed & Claire Ashworth Located at: Gallery
15:30 - 15:45	Afternoon Break & Networking Handywomen Live Demonstrations			
15:45 - 16:45	**What's Next for Women in Lancashire? Turning Conversation into Change.** Clive Grunshaw, Gill Gardner, Dr Helen Wall, Chris Webb MP & Siobhan Collingwood. Level 1: Main Delegate Hall			
16:45 - 16:50	**Closing Remarks from Siobhan Collingwood** Level 1: Main Delegate Hall			